

# Seasons and Seasonal Activities

 Level: Elementary

**Lesson Objective:** This lesson will help you talk about seasons, weather, and seasonal activities in real-life situations. It will also enhance your fluency and confidence in expressing yourself.

Vocabulary	Meaning
Spring	The season between winter and summer, known for blooming flowers.
Blossom	The flowering or budding of plants.
Picnic	A meal eaten outdoors, usually in a park or countryside.
Warmth	A comfortable degree of heat.
Sunscreen	A lotion applied to the skin to protect it from the sun's harmful rays.
Vacation	A period of time devoted to leisure and travel.
Breeze	A gentle wind.
Thunderstorm	A storm with thunder and lightning.
Cozy	Giving a feeling of comfort, warmth, and relaxation.
Crisp	Pleasantly firm and fresh.
Harvest	The season when crops are gathered.
Foliage	The leaves of a plant or tree, collectively.
Bonfire	A large outdoor fire.
Beach	A shoreline along a body of water.
Skating	The activity of gliding on ice, typically using ice skates.

## Warm-up Questions:

- ◆ How would you define a season?
- ◆ What is your favorite season and why?
- ◆ Are there any cultural celebrations related to a season in your country?

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## Spring

- ◆ What flowers bloom in spring in your region?
- ◆ How do you typically spend your spring weekends?
- ◆ Are there any cultural celebrations related to spring in your country?

Sub Vocabulary: Weather cycles | Climate changes | Annual variations

## Blossom

- ◆ Which trees blossom during spring?
- ◆ Do you have a favorite blossom you look forward to each year?
- ◆ How does the blossoming of plants impact your mood?

Sub Vocabulary: Blossoms | Rejuvenation | Seasonal renewal | Flowering | Bud burst

## Picnic

- ◆ Is picnicking a popular activity in your community?
- ◆ What foods do you enjoy bringing to a picnic?
- ◆ Share a memorable picnic experience.

Sub Vocabulary: Alfresco dining | Outdoor feast | Communal meal

## Warmth

- ◆ How do you define the perfect warmth in weather?
- ◆ What activities do you enjoy in warm weather?
- ◆ How does warmth impact your mood and daily life?

Sub Vocabulary: Mildness | Balmy | Comfortable heat

## Sunscreen

- ◆ Do you use sunscreen regularly?
- ◆ How do you choose the right sunscreen for your skin?
- ◆ Share a sun safety tip you find useful.

Sub Vocabulary: UV protection | Sunblock | Skincare

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## Vacation

- ◆ When is the most popular time for vacations in your country?
- ◆ What's your ideal vacation destination, considering the season?
- ◆ Share a memorable vacation experience.

Sub Vocabulary: Leisure time | Break | Holiday

## Breeze

- ◆ How does a cool breeze make you feel?
- ◆ Where is your favorite place to enjoy a refreshing breeze?
- ◆ Are there any sayings or proverbs about breezy weather in your culture?

Sub Vocabulary: Gust | Zephyr | Gentle wind

## Thunderstorm

- ◆ How do people prepare for thunderstorms in your area?
- ◆ Share a personal experience with a memorable thunderstorm.
- ◆ Are there any cultural beliefs or traditions associated with thunderstorms?

Sub Vocabulary: Electrical storm | Tempest | Lightning and thunder

## Cozy

- ◆ What makes a space feel cozy to you?
- ◆ How do you create a cozy atmosphere at home during colder seasons?
- ◆ Share a cozy activity you enjoy during the winter.

Sub Vocabulary: Snug | Homey | Warm and comforting

## Crisp

- ◆ What foods or fruits do you associate with a crisp texture?
- ◆ How do you dress during crisp fall weather?
- ◆ Describe a crisp morning or evening you've experienced.

Sub Vocabulary: Fresh | Invigorating | Biting cold

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## Harvest

- ◆ Which crops are typically harvested in your region?
- ◆ Are there any festivals or traditions related to the harvest season?
- ◆ How do people celebrate the abundance of the harvest?

Sub Vocabulary: Crop yield | Gathering | Reaping

## Foliage

- ◆ What colors dominate the foliage in your area during autumn?
- ◆ Share a scenic location with beautiful foliage.
- ◆ How does the changing foliage impact tourism in your region?

Sub Vocabulary: Autumn leaves | Leafage | Colorful display

## Bonfire

- ◆ Have you ever attended a bonfire event?
- ◆ What activities do people typically do around a bonfire?
- ◆ Share a memorable bonfire experience.

Sub Vocabulary: Blaze | Outdoor fire | Pyre

## Beach

- ◆ Is the beach a popular destination in your area?
- ◆ What activities do you enjoy at the beach during different seasons?
- ◆ Share a favorite beach memory.

Sub Vocabulary: Seashore | Coastal area | Sandy coast

## Skating

- ◆ Is ice skating a common winter activity in your region?
- ◆ Have you ever tried ice skating, and how did it go?
- ◆ Share a story or memory related to ice skating.

Sub Vocabulary: Glide | Figure skating | Ice sport

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# Sub Vocabulary Preview

## Spring

**Weather cycles** - Regular changes in weather across the year.

**Climate changes** - Shifts in weather patterns over time.

**Annual variations** - Differences that happen once each year.

## Blossom

**Blossoms** - Flowers on a plant or tree.

**Rejuvenation** - The act of becoming fresh or new again.

**Seasonal renewal** - Natural cycle of plants regrowing each year.

**Flowering** - The process of plants producing flowers.

**Bud burst** - When new buds open on plants.

## Picnic

**Alfresco dining** - Eating outside in the open air.

**Outdoor feast** - A big meal eaten outdoors.

**Communal meal** - A meal shared with a group.

## Warmth

**Mildness** - A gentle, not extreme temperature.

**Balmy** - Warm, pleasant weather.

**Comfortable heat** - A level of warmth that feels good.

## Sunscreen

**UV protection** - Shielding skin from harmful sun rays.

**Sunblock** - Cream that blocks sunlight on skin.

**Skincare** - Products or actions to keep skin healthy.

## Vacation

**Leisure time** - Free time to relax.

**Break** - Time off from work or duties.

**Holiday** - A special time for rest or travel.

## Breeze

**Gust** - A sudden strong wind.

**Zephyr** - A soft, gentle wind.

**Gentle wind** - A light and soft flow of air.

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## Thunderstorm

**Electrical storm** - Storm with thunder and lightning.

**Tempest** - A violent storm.

**Lightning and thunder** - Bright flashes and loud sounds in a storm.

## Cozy

**Snug** - Small, warm, and comfortable.

**Homey** - Feels like home, relaxed and welcoming.

**Warm and comforting** - Brings feelings of safety and relaxation.

## Crisp

**Fresh** - Recently made or picked, clean and new.

**Invigorating** - Energizing and refreshing.

**Biting cold** - Very sharp and strong cold.

## Harvest

**Crop yield** - Amount of crops collected.

**Gathering** - The act of collecting crops.

**Reaping** - Cutting and collecting ripe crops.

## Foliage

**Autumn leaves** - Leaves that change color and fall in autumn.

**Leafage** - The total amount of leaves on a plant.

**Colorful display** - Bright colors seen in autumn leaves.

## Bonfire

**Blaze** - A big, bright fire.

**Outdoor fire** - A fire built outside.

**Pyre** - A large pile of wood set on fire.

## Beach

**Seashore** - Land beside the sea.

**Coastal area** - Places near the ocean.

**Sandy coast** - A beach covered with sand.

## Skating

**Glide** - To move smoothly over a surface.

**Figure skating** - A style of ice skating with dance moves.

**Ice sport** - Sports or games played on ice.